Stress and Religious Coping among Flood Victims

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The study examined the relationship between stress and coping in a sample of 150 survivals of flood victims. Questionnaire used in this study were Disaster Stress and Coping Skill Inventory. The study also adopted an exploratory qualitative approach where a number of five respondents were interviewed. The result showed that there was a significant relationship between stress and coping, and no significant gender differences in stress and coping among the respondents. The result also showed that the respondents suffered stress and needed strong coping skills. Religion was found to be the most apparent coping skill among the victims. The implication of this study suggests strong religious and social support from people who are knowledgeable and skills in the stress management and religious coping to the flood victims (C) 2014 The Authors. Published by Elsevier Ltd. This is an open access article under the CC BY-NC-ND license (http://creativecommons.org/licenses/by-nc-nd/3.0/). Selection and Peer-review under responsibility of the Organizing Committee of PSYSOC 2013

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